

# Contact Information

## Korean CAPC – Hyeran Lim

hlim@mosaicbc.org | Office: 604.254.9626

## Somali CAPC – Xalima Mohamud

xmohamud@mosaicbc.org | 604.254.9626

## Vietnamese CAPC – Mai Hoang

mhoang@mosaicbc.org | 604.254.9626

# Testimonial

*I moved to Canada from Korea when my twins were 11 months old.*

*After coming to Canada, everything was new and unfamiliar to us and the kids' personality became shy.*

*But their behaviour changed after attending the group few times. My kids began to play with the toys by themselves and gave me free time to talk to other mothers. My kids have found happiness and fun with the group. It was one of the biggest happiness of mine after coming to Canada.*

*Through the staff and other mothers' help, I have got a lot of useful information for living in Canada. The nurse and the staff from Vancouver library, who came to the group sometimes, also gave us very useful information.*

*I would like to show my most sincere gratitude to all the staff in the group ... their warm hospitality and consideration have made my life in Canada more comfortable and welcoming.*

**- NTT (former CAPC client)**  
*(edited for brevity)*

# About MOSAIC

MOSAIC is a non-profit organization and registered charity serving immigrants and newcomers since 1976. Today, we offer comprehensive services for Canadian citizens, newcomers, refugees, immigrants, and temporary foreign workers at multiple locations throughout Metro Vancouver.

**In addition to this program, MOSAIC also offers the following:**

Children and Family Programs  
Employment Programs | English Language Centres  
Interpretation Services | Settlement Programs  
Specialized Programs | Translation Services

**For contact information, or to find out more about these services, please visit us at:**  
**www.mosaicbc.org or call 604.254.9626**



@mosaicbc



Public Health  
Agency of Canada

Agence de la santé  
publique du Canada

*This program is delivered by the Public Health Agency of Canada (PHAC) and jointly managed with the Province of British Columbia.*

# Community Action Program for Children (CAPC)



## Contact Information

**Community Action  
Program for Children  
(CAPC)**

**604.254.9626**



# MOSAIC

*Empowering newcomers to fully participate  
in Canadian society for over 40 years*



## About the Community Action Program for Children

All parents face challenges. Together we can help you feel like a more confident and connected parent on the road to raising happy, successful children.

Three times a year, we offer a weekly Family Support Group for parents and children. Our groups are run by a MOSAIC facilitator and two Early Childhood Educators who lead play-based activities for children while parents receive information on settlement and family support services.



In our weekly group meetings, you will:

- Make friends with other parents
- Understand more about child development (ages, stages, expectations)
- Learn about different parenting and discipline strategies
- Assess school readiness
- Participate in activities with your children
- Access community resources and learn about other MOSAIC services in language-support, settlement and more

## Why join this program?

Are you new to Canada? Have children age 0-6? Feel overwhelmed, isolated or confused? You are not alone.

Being a parent can make you feel tired, unsure and isolated. Join our weekly support group to meet other parents, play with your children and learn about parenting.

## Who can join?

We offer family support services to immigrants and refugees who have children age 0-6 and who live anywhere in the Greater Vancouver Area.



Available Languages

Family Support Programs are offered in three languages: Korean, Vietnamese and Somali.